

## 2008 Adventure/Lodging Packages

Private guided year round getaways—from 2 nights/2 days to 7 days/6 nights

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Your Guides  
Lucie and Peter  
Villeneuve



"We offer these packages because each part of New Hampshire is beautifully unique."

Join our guided adventures for safety, fun, and learning! We know wild New Hampshire and these fully guided adventure packages are designed for active individuals who have had some or no experience in the recreational activities offered--all levels are invited. We are flexible and can customize for your interests and abilities. The pace will be relaxed to allow time for skills instruction and exploring nature, unless your goal is to cover long distances each day. Itineraries and prices listed are subject to change without notice. Recreation equipment/gear is available to rent and more activities can be added if not included in the price. Day 1 is usually a travel day to get to us. Most itineraries are listed from our website on Packages page. Reservations Please call or e-mail Lucie to check for availability, get more information, and to make reservations for these packages. If you see an activity of interest and would like it customized for your family or group, please request a Custom ESCAPE or Group Program. We also offer economical Special Events, Step-on Guide Services, and S.U.V. Sightseeing Tours with our sports utility vehicles.

X-C Ski Lodge to  
Lodge Tour



For intermediate cross-country skiers, this grand nature tour in the Great North Woods includes stays at: Sportsman's Lodge, The BALSAMS, A Peace of Heaven B&B, The Great Northwoods Get-a-way Cabins, 150 Main Street Lodging on the Androscoggin, and Great Northern Moose Lodge. Bring your skis or rentals (wide touring or backcountry--not downhill telemark) and discover the deep woods of the Northern Forest. You'll see boreal wildlife, moose tracks, and frozen mountain streams. The fresh air is a great match for the exercise you'll be getting during your 40-75 miles of guided wilderness travel. Each day you will ski or snowshoe to different types of lodging. This unique winter/early spring package comes with hearty food, cozy beds, and great service. *Note: Other winter activity options available.*

**7 Days/6 Nights**  
Skiing/Snowshoeing  
December - April  
**Prices**  
\$3,295.00 for two adults;  
\$795 for each additional  
participant (min. 2 / max. 8)  
**Includes**  
All 17 meals, lodging,  
shuttle, daypacks,  
snowshoes (Options with  
add'l fees: SUV sightseeing  
tour, dog sledding, ice fishing,  
snowmobiling)

Paddling Journey  
Canoe or Sea Kayak



Explore New Hampshire's water routes with our experienced guides. Paddle a leisurely pace 4 - 8 hours a day for 4 days. Choose: Androscoggin River in a boreal forest in northern N.H., Connecticut River through farmlands from Canada to the Massachusetts border, wild Pemigewasset River in the White Mountains, mighty Merrimack River in the south, or New Hampshire's tidal coast from Great Bay to the Isle of Shoals. Our guided canoe and kayak camping trips are available May - November; warmest time is July - mid-October. Bird migrations occur in May, June, October, & November. Sleeping bag & wetsuit rentals are available. Your first and last nights are at a bed and breakfast or cabin, and two dinners are on your own.

**6 Days/5 Nights**  
Paddling May-November  
**Prices**  
\$2,815.00 for two adults;  
\$340 for each additional  
participant  
(min. 2 / max. 8)  
**Includes**  
12 meals, tents/lodging,  
shuttle, dry bags, and  
paddling equipment

Backpacking  
Expedition - All Year



Discover the popular Appalachian Trail through the White Mountains, the lesser-known Monadnock Sunapee Greenway in southwestern N.H., or the new Cohos Trail through pristine wilderness of the Great North Woods. These guided backpack trips are available all year. In winter and spring we stay below treeline and provide snowshoes/ice grippers if needed. Trekking six to ten miles a day deep in moose country, you will see all kinds of wildlife and great views. You may overnight in tents, shelters, cabins, or huts. Sleeping bag rentals are available. Your first and last nights are at a bed and breakfast or cabin, and two dinners are on your own.

**6 Days/5 Nights**  
Backpacking all year  
**Prices**  
\$2,815.00 for two adults;  
\$340 for each additional  
participant  
(min. 2 / max. 8)  
**Includes**  
12 meals, tents/lodging,  
snowshoes, backpacks

Inn to Inn Paddle  
Lakes Region  
Cultural Tour



Follow historic Native American canoe routes in the Lake Winnepesaukee watershed and explore what today's local culture has to offer. Your guided tour starts in orchard country and you'll soon be among loons, herons, and the 274 islands on New Hampshire's largest lake. You'll see mountain views and shores lined with youth camps, vintage cottages, and new mansions. Each day you will paddle to another quaint village and your guide will take you to museums, nature centers, and the best ice cream shops in town. Bring your own canoe, lake touring kayak, or sea kayak, or we can arrange rentals--\$200 for tandem canoe, and \$275 for solo kayak. Stay at Olde Ordard Inn, Sutton House Inn, Meredith Inn, and Lake Opechee Inn and Spa. Put yourself in the heart of the Lakes Region.

**6 Days/5 Nights**  
Kayaking/Canoeing  
May - November  
**Prices**  
\$3,245 for two adults; \$845  
for each additional  
participant (min. 2 / max. 8)  
**Includes**  
14 meals, lodging, dry  
bags/daypacks, shuttle



**B&B Country  
Bicycle Tour**



Stay at...Sugar Hill Inn,  
Gibson House B & B,  
Warren Village Inn,  
Glynn House Inn,  
Highland Lake Inn, & The  
Rosewood Country Inn

Discover scenic western New Hampshire on back roads from the White Mountains to the Lakes Region, and on to the Dartmouth/Lake Sunapee Region. Bring your bike or rental (road, hybrid, or mountain), explore waterfalls and swimming holes, and relax at our favorite inns...in quaint, country New England towns. You will pedal on designated bicycle paths whenever possible, but the majority of time will be on scenic state roads with designated bicycle lanes. Each tour includes hiking and kayaking opportunities. The **White Mountain 4-day** mid-week tour includes two days of biking approx. 41 miles (65 km). The **Lakes Region 4-day** mid-week tour includes 2 days of biking approx. 48 miles (77 km). The **Western NH 7-day** Sunday – Saturday tour includes 5 days of biking approx. 115 miles (174 km). Take advantage of this memorable passage through majestic New Hampshire.



**4 or 7 Days**  
Biking (& hike/kayak)  
May – October, midweek  
**Prices**  
**4-Day Tour** \$1,895 for two adults; \$495 for each additional participant, plus bike rental (min. 2 / max. 8)  
**7-Day Tour** \$3,790 for two adults; \$990 for each additional participant (min. 2 / max. 8)  
**Includes**  
All meals, lodging, daypacks, shuttle

**Yurt Adventures  
Year-round**



Locations in northern NH

What's a Yurt? Think of it as a one-room, remote cabin that's heated in winter. Most yurt locations must be reached by human power, others are drive up. Your guide will facilitate meals and chores, and will guide daily adventures. Choice of tours and/or lessons: North Woods survival skills, hiking, back country skiing, snowshoeing/winter hiking, canoeing, kayaking, biking, fishing, and dog sledding. Prices vary depending on the season, activities chosen, and the number of people in your party, but a 5-day yurt adventure for 6 participants starts at \$720 per participant for most adventures. Try yurtng for a different experience all year!

**Choose 2, 3, 4, or 5 Days**  
X-C Skiing, Snowshoeing  
Hiking, Biking, Paddling,  
Survival Skills, Fishing,  
Dog Sledding  
**Prices**  
Vary (min. 2 / max. 6+)  
**Includes**  
All meals, lodging, packs,  
recreation rental equipment

**Women's Super  
Special -Year-round**



In the Moccasins of Native American Women: Traditional Survival Skills in Today's Wilderness – A popular package for women without their “goofball men,” these packages are offered year-round at the Federal House Inn in Plymouth, NH. Guided activities depend on season, but we pack in as much as we can: canoeing, wilderness walking, snowshoeing, fishing, ice fishing, archery, seeking wild food, fire building, outdoor cooking, shelter building, and more. You will also have time to relax at the inn and take an optional massage. This adventure is an opportunity to get down to earth, build confidence in your outdoor skills, and create memories.

**5 Days/4 Nights**  
All year – activities vary  
**Prices**  
\$1530-\$1730 for 2,  
depending on room at B&B,  
plus tax & add-ons  
(min. 2 / max. 8)  
**Includes**  
10 meals, lodging, packs,  
recreation rental equipment

**NH Outdoor Skills  
Training Adventure**



Couples, families, groups

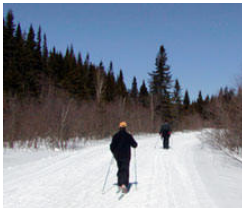
Need outdoor education? Day 1 - Arrive at the Highland Lake Inn in Andover, NH in a lake view setting with meadows and orchards. After an impressive dinner at the inn, get a sense of New Hampshire's natural history and wildlife with a presentation by Lucie. Day 2 - After breakfast at the inn, learn how to prepare for a wilderness trek with the 10 essentials and practice map and compass skills. Enjoy a picnic lunch and an afternoon nature hike or snowshoe hike. Trail topics may include outdoor photography, animal tracks and signs, edible plants, and tree and wildflower identification. Days 3 & 4 - Depending on the season and interests, lesson and tour choices are canoeing, kayaking, mountain biking, cross-country skiing, and more hiking and snowshoeing. Team building and more survival activities may also be implemented. With prior arrangements, pick-up/drop-off may be available for a nominal fee at the Manchester-Boston Regional Airport in Manchester, or at the Concord Trailways bus stop in Concord. The inn is under a 2-hour drive from Boston--car rentals at airport. Outdoor adventure locations are on site or nearby.



**4 Days/3 Nights**  
Survival Skills, Hiking,  
Wildlife, Paddling, Biking,  
Snowshoeing, X-C Skiing,  
Outdoor Photography  
*Year Round*  
**Prices**  
\$865.00 per person; \$665  
for youth age 12 and under  
(min. 2 adults / max. 16  
participants)  
**Includes**  
9 meals, lodging,  
recreation rental equipment



**B&B Winter  
Adventure**



Hiking, snowshoeing, cross country skiing, and more...Play all day, be cozy and warm at night! Your winter getaway will be at a **custom location** in New Hampshire, which depends on interests, abilities, and trail conditions. We'll go to the best snow, and if there's none, we'll still have fun! Anything is possible: cross-country ski lessons and tours, snowshoeing, winter hiking and snowshoeing, wildlife viewing, frozen waterfalls, outdoor photography, North Woods survival skills, building snow shelters, orienteering, animal tracking, and learning about local nature and history.



**3 Days/2 Nights**  
X-C Skiing, Snowshoeing...  
December – April  
**Prices**  
From \$790 for 2 adults; \$95  
per youth age 17 & under,  
plus x-c ski rentals  
(min. 2 / max. 8)  
**Includes**  
5 meals, lodging, x-c skis,  
snowshoes, daypacks

Autumn Hike,  
Paddle, Photography



On two day-trips in the White Mountains, experience the changing season as days get cooler and leaves turn color and fall to the ground. This is a chance to see wildlife such as moose and waterfowl, and to take photos of fall foliage. Your guided hike will be suited to your abilities with stops to discover nature, take in the views, and a picnic lunch. Kayaking or canoeing on a nearby river or pond, your guide will provide paddling lessons/tips as necessary to navigate the waterway, with stops for exploring nature and swimming. Stay at Federal House Inn in Plymouth, NH.

**3 Days/2 Nights**  
Hiking and Paddling  
Mid-week Sept. 4 - Oct. 31  
**Prices**  
Room Rate + \$245 per person (min. 2 / max. 8)  
**Includes** Daypacks, 2 breakfasts, 2 lunches, lodging, rental equipment

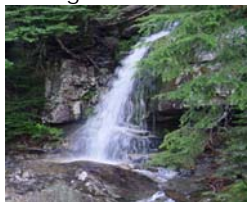
Winter Wonderland  
Getaway



Day 1 – Arrive at Federal House Inn Historic Bed & Breakfast in Plymouth, NH.  
Day 2 - After breakfast at the Inn, trek into New Hampshire's White Mountains on a guided hike or snowshoe, depending on trail conditions, stopping for lunch and snacks along the way. The focus today will be on local nature and wildlife. Arrive back at your B&B to rest and optional massage and dinner at the inn or in town.  
Day 3 -Your choice (and depending on trail conditions) of hiking, snowshoeing, cross-country ski tour/lesson on backcountry trails, and/or winter survival clinics.  
Add-ons: 1 hr massage - \$90; 3-course Dinner at the Inn - \$35 per person (pris fixe). *Please book at the time of reservation.*

**3 Days/2 Nights**  
Snowshoeing, X-C Skiing,  
Optional Survival Skills  
Nov. 1 - March 31  
**Prices**  
Room Rate (\$270-\$350) + \$245 per person (min. 2 / max. 8)  
**Includes** Daypacks, 2 breakfasts, 2 lunches, lodging, rental equipment

Women's Spring  
Hiking Adventures



Two days of guided hiking at your intensity level to find waterfalls and wildflowers in the White Mountains and foothills of central New Hampshire. The Federal House Inn, built in 1835, boasts luxury guestrooms offering queen size beds, private baths and air conditioning, and featuring 300 thread-count linens, plush towels and robes, Bose radio alarm clocks, chocolates on your pillow (!) and a basket of toiletries including products by Caswell and Massey and Tom's of Maine. The innkeepers offer Gourmet Breakfasts and you can even enjoy Dinners by Request, warmed by the ambiance of the antique coal/wood-burning stove. The Library is a relaxing place to chat with fellow travelers, play a game, watch television or DVD's or go on-line on the complimentary computer with high speed internet. The whole house has WiFi! They also have an outdoor heated spa, two landscaped acres, charming brick patio, complimentary hospitality bar, and afternoon/evening snacks.

**3 Days/2 Nights**  
Hiking April 1 - June 30  
**Prices**  
Room Rate + \$215 per person (min. 2 / max. 8)  
**Includes**  
2 breakfasts, 2 lunches, 2 nights lodging, daypacks  
**Add-ons at this Inn for any OENH package:**  
1 hr massage - \$90  
3-course Dinner at the Inn - \$35 per person (pris fixe)  
*Please book at the time of reservation.*

Whitewater  
Canoeing in Spring



...based at Federal House Inn, Plymouth, NH



This paddler's getaway can be geared as an instructional canoe clinic for beginners, or as an exciting yet leisurely whitewater canoe and kayak tour for the experienced. You will be paddling on water up to Class I and II as conditions allow. We start on the evening of Day 1 with a presentation of your choice: North Woods Survival, or What's Wild in New Hampshire. The river tour includes stops for wildlife viewing, taking photos, swimming, and eating a picnic buffet. The canoe clinic starts with a basic paddling lesson/review on flatwater/quickwater, practicing paddle strokes and communication, and throughout the day you will learn about canoe equipment, outfitting, gear, safety, and low-impact river travel. Arrive back at the inn to rest before dinner in town (included). An evening presentation: Trip Planning and Leadership, or New Hampshire's Changing Landscape. Another day on a wild New Hampshire whitewater river. Clinic topics today include river reading, navigation, and basic whitewater rescue techniques. Stops for scenery, lunch, photography...

**3 Days/2 Nights**  
River Canoeing  
April 1- June 30  
**Prices**  
Room Rate + \$295 per person (min. 2 / max. 8)  
**Includes**  
2 breakfasts, 2 lunches, 1 dinner, lodging, canoe equipment (or bring your own whitewater kayak or canoe if experienced)

NH Winter Cozy  
Adventure



Play all day and stay warm and cozy at night in the country at the Highland Lake Inn in Andover, NH...two nights at the inn (with dinner on second night) and two days of winter adventures with Outdoor ESCAPES New Hampshire. Your choice of lessons and tours: cross-country skiing, snowshoeing (easy walks or hiking mountains), wildlife viewing, finding frozen waterfalls, outdoor photography, building snow shelters, orienteering, and animal tracking. Exact location for activities depends on interest, abilities, and trail conditions. We'll go to the best snow, and if there's none, we'll still have fun! Note: we can do a lot right at the inn.

**3 Days/2 Nights**  
Snowshoe, X-C Ski, etc.  
December - April  
**Prices**  
From \$790 per 2 adults; \$95 per youth age 17 and under (min. 2 / max. 8)  
**Includes**  
5 meals, lodging, day packs, recreation rental equipment

Moose Tour and  
More...Way Up North



Take time to enjoy wildlife in their natural habitats. Stay at Great Northern Moose Lodge & Campground and choose from our guided adventures: S.U.V. sightseeing tour, hiking/walking, biking, canoeing, kayaking, moose tour, and when there is snow...snowshoe hiking and backcountry skiing. Included on tours: nature/history interpretation and recreation equipment, including daypacks, child carriers, and tents if camping. Add-ons: Stay longer for seasonal guided/unguided activities: fly-fishing, ice fishing, snowmobiling, hunting, horseback riding, rafting, dog-sledding.

**2 Days/3 Nights**  
See activities at left.  
Year Round  
**Prices** \$775(C)-\$975(L) per 2 adults; \$240(C)-\$330(L) for each additional participant (min. 2 / max. 8)  
**Includes** 5 meals, campsite/lodging, rentals

**Hike/Bike/Paddle  
Mini-Vacation**



Based near Dixville Notch



Explore the Great North Woods and have a chance to see moose, bald eagles, loons, and more. Your guide will take you to the wildest places in New Hampshire. Stay at A Peace of Heaven B & B deep in moose country and enjoy three days of guided tours with a naturalist. Included on this hike/bike/paddle adventure is instruction if needed, local nature and history talks, North Woods survival tips, wildlife viewing, and photo opportunities. Rentals: bikes and helmets: \$45; tandem canoe/paddles/PFD: \$40; solo sit-on-top kayak/paddle/PFD: \$35. Dinners are on your own at one of the unique local restaurants. Additional days & groups up to 8 people may be accommodated.

**3 Days/4 Nights**

Hike, Bike, Canoe/Kayak  
May-November

**Prices**

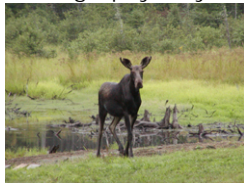
\$940 per 2 participants plus recreation equipment rentals (min. 2 / max. 8)

**Includes**

4 breakfasts, 3 lunches, daypacks/dry bags, lodging



**Wildlife & Outdoor  
Photography-all year**



Your guided tour with naturalist Lucie, on foot or on water, will take you into the Northern Forest to see wildlife and the best natural views of fall foliage that New England has to offer. Two days of activities will occur early and late in the day when the natural lighting is good for finding wildlife and taking pictures. There will be time for relaxing in the middle part of each day. Every season offers different sights, although you may spot wildlife any time of year. April through June is a good time to see moose in the mud, and July through October in the water. September through early October is great for fall foliage. The winter forests and rivers show off the snow and ice. Choose from hiking, walking, snowshoeing, canoeing, and kayaking. Lucie can paddle your canoe if you want to get photos of loons, moose, waterfowl, etc. For an additional fee, you may opt to take an S.U.V. Sightseeing/Photo Tour to cover more territory. Rentals: tandem canoe/paddles/PFD: \$40; solo sit-on-top kayak/paddle/PFD: \$30; solo touring kayak (with cockpit)/paddles/PFD: \$35. Stay at A Peace of Heaven in Millsfield, NH. Dinners are on your own.

**2 Days/2 Nights**

Hike/Snowshoe, Paddle  
(optional SUV Tour)

Year Round

**Prices**

\$565 per 2 participants plus recreation equipment rentals. Substitute a day of recreation activity for an S.U.V. Tour, add \$75/day. (min. 2 / max. 8)

**Includes**

2 breakfasts, 2 lunches, daypacks, lodging

**Family Winter  
Adventures**



Come to the Great North Woods for a family adventure of your choice: snowmobiling, snowshoeing, and/or cross-country skiing. Stay at A Peace of Heaven B&B in Millsfield, NH and discover a winter wonderland. Find animal tracks and build a snow fort.



Learn to get around on top of the snow using cross-country skis and snowshoes. Try snowmobiling to get deeper into the woods. You may find moose antlers. As with all of our adventures, you will receive a pack list of clothing to bring so that you will be prepared for spending time outdoors each day. And if trail conditions are not ideal, we offer alternative activities.



**2 Days/2 Nights**

Snowshoe/Hike, X-C Ski, Snowmobile

December-April

**Prices**

\$565 for 2 adults & 1 child, plus rentals:

Snowshoes, x-c skis \$15  
Snowmobile TBD

**Includes**

2 breakfasts, 2 lunches, daypacks, lodging

**Spring Special for 2  
Hiking and/or S.U.V.  
Sightseeing Tour**



Stay at the Merrill Farm Resort in North Conway, NH and explore the White Mountains on our private guided tour by foot or on wheels. The full-day Guided Waterfall Nature Hike is complete with a Picnic Lunch.

The full-day Guided S.U.V. Sightseeing, Nature, & History

Tour includes stops at fully accessible points of interest including scenic vistas, short walks to geological features and waterfalls, museums and visitor centers, and our favorite deli or diner for lunch. Don't forget your camera!



**2 Nights/1-2 Days**

Hiking and/or  
S.U.V. Sightseeing Tour

April 1-June 19  
**Prices** 2 nights in a standard room \$119.00 (\$15 extra person) plus tax, plus Guided Hike \$195/day, plus S.U.V. Tour \$275/day (min. 2 / max. 4)

**Includes** 2 breakfasts, lodging, daypacks and lunches on guided tours

**Custom B&B  
Adventure Getaway**



Couples, families, groups

The luxurious Glynn House Inn is just off I-93 in Ashland, NH, which is a great location with easy access for our guided adventures in the lakes, rivers, and mountains of central New Hampshire. We can create one or more custom designed guided day trips...choose from a guided hike, snowshoe hike, kayak or canoe trip, cross country ski tour, or mountain bike tour. You'll begin each day of your "adventure getaway" with freshly brewed coffee or a wide range of exotic teas placed at your door. Be pampered as you enjoy gourmet breakfasts. After you return to the inn, relax and try their delicious afternoon refreshments. Have a glass of wine and sumptuous hors d'oeuvres each evening. Multi-day and group Adventure Getaways available.



**1 or More Days & Nights**

Hike, Bike, Canoe, Paddle, Snowshoe, X-C Ski  
Year Round

**Prices** Room rate (\$139-\$279 +8% tax) plus \$295/day per 2 participants (\$65 for a third person) (min. 2 / max. 26)

**Includes**

Breakfasts, lunches, lodging, daypacks/dry bags, rental equipment