



Every
Season
Calls for
Adventure-
Packed
Experiences!SM

2008 Custom ESCAPES (and Rental Equipment) *Private, custom-guided adventures for individuals, couples, families, & small groups*

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Your Guides
Lucie and Peter
Villeneuve



"We offer custom guided adventures to help people achieve their outdoor dreams."

Put your order in *today* for an adventure of any duration...

a half-day, full-day, or multi-day ESCAPE, available year-round!

For a unique experience, complete a Custom ESCAPE Reservation Request Form in advance (just choose from the options on the form) and we will plan a lesson, tour, weekend getaway, or adventure vacation that will meet your interests and abilities. All ages and skill levels are invited, including athletes, those who need stroller or wheelchair accessibility, the family dog...anything is possible. We will take you to the best trails and waterways in New Hampshire, as far as you're willing to travel in the time that you have. The pace can be relaxed to allow time for skills instruction and exploring nature, or we can speed it up if your goal is to cover long distances each day. Recreation equipment and gear is available to rent and more activities can be added to your personal itinerary in New Hampshire. Please note that last-minute itinerary changes may occur due to unforeseen circumstances (i.e. weather, etc.) in order to provide you with the best experiences on your booked date(s). Please be sure to read our cancellation policy on the reservation form or our Policies page.



Information on these pages: Choices for Custom ESCAPES, Prices, & Outfitting/Rental Equipment.

Hiking, Backpacking
and Country Walking



May through November for just one day, 2-hours, or as a multi-day adventure

- Wildlife Watching and Scenic Opportunities
- Outdoor Photography
- Waterfalls and Wildflowers
- Survival Tips/Clinics (see list below)
- Nature/History Experiences or Talks (see list below)
- Day Trips, Backpack Trips, and Yurt Adventures

Snowshoe
Nature Hiking



December through April for just one day, 2-hours, or as a multi-day adventure

- Wildlife Watching and Scenic Opportunities
- Animal Tracking and Signs
- Tree Identification in Winter
- Nature/History Experiences or Talks (see list below)
- Winter Survival Tips/Clinics (see list below)
- Day Trips, Backpack Trips, Yurt Adventures

Cross Country Skiing
and
Backcountry Skiing



December through April for just one day, several 2-hour lessons, or as a multi-day adventure

- Nature Discovery Tours (Wildlife, Rivers, and Weather in Winter)
- Winter Trekking Survival Tips
- Beginner/Intermediate Diagonal Stride Cross Country Ski Lessons:
Equipment, balance, rhythm, up hills, down hills, corners, and using poles correctly
- Skate, Backcountry, and Telemark Lessons (advanced students)
- Day Trips, Inn-to-Inn Tours, or Yurt Adventures

Target Archery



All year indoors, and mid-May through October outdoors, for just one day, several 2-hour lessons, or as part of a multi-day adventure

- Target Archery Lessons: History, instruction, practice, and games
- We use compound bows for ages 5+
- Fletching Arrows craft activity: fancy pencils to take home



North Woods
Survival Skills



All year indoors and outside, for a day, several 2-hour sessions, or as part of a multi-day adventure

All topics can be covered on a 2 or 3 day trek, but skills develop better with practice on longer trips.

- Assemble a Bivy Kit--to keep for future wilderness treks
- Environmental Hazards
- Map and Compass, Navigation
- Outdoor Cooking with Camp Stoves
- Primitive Shelter Building
- Primitive Fire Building
- Wilderness Trip Planning/Leadership--see Team Building activities
- 10 Essentials
- Knot Tying
- Signaling
- Weather
- Staying Healthy on the Trail
- Wilderness Ethics and Treading Lightly



Canoeing/Kayaking



Mid-May through October for just one day, several 2-hour lessons, or as a multi-day adventure

- Flatwater and Quickwater Paddling, and Whitewater Class I-II for ages 13 and up
- Tours: Paddle through history on ponds, lakes, rivers, estuary, and tidal areas with stops and talks to explore nature, wildlife, photography, and history
- Lessons: Equipment & Safety Orientation, Paddle Strokes, Communication, River Reading, Navigation, Basic Rescue, and Survival Topics
- Day Trips, Camping Trips, Yurt Adventures, and Inn-to-Inn Tours



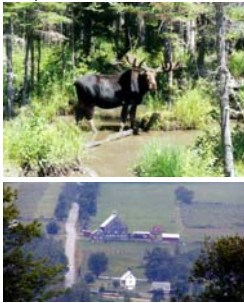
Mountain Biking and Road Touring



Mid-May through October, just 1 day, several 2-hr. lessons, or part of a multi-day adventure

- Tours: Pedal through history on designated bike paths or back roads with discovery stops
- Beginner Lessons: Equipment/safety orientation, body position, shifting gears, navigation, and communication
- Advanced Lessons (ages 13 and up): -Single Track/Technical Terrain
-Bicycle Inspection and Preventative Bike Maintenance
- Day Trips, Camping Trips, Yurt Adventures, or Inn-to-Inn Tours

Nature & History Experiences & Talks



Age-appropriate field experiences or presentation topics, all year

- New Hampshire's Changing Landscape and Its Inhabitants (overview of natural and human history)
- All About Moose...and other mammals of choice
- Birds of New Hampshire...bald eagle, loon, migrations, etc.
- Forestry: New Hampshire's Past and Present
- Lighthouses on New Hampshire's Seacoast
- Plant Identification: trees in winter, wildflowers, edibles, etc.
- Seacoast Creatures...birds, shellfish, mammals, fish, etc.
- Stonewalls, Orchards, and Sap Buckets: NH's Farm History
- Waterfalls and Cascades around New Hampshire
- Wildflowers of the Granite State
- Animal Tracking, Behavior, and Signs
- Covered Bridges of New Hampshire
- Geology of New Hampshire
- Nature at Night in New Hampshire
- New Hampshire's Habitat Diversity
- Railroads to Rail Trails
- Reptiles and Amphibians All Year
- River Systems of New Hampshire
- Stargazing
- Weather in the White Mountains

Outdoor Photography



Guided tours and tips for still photography, videography, sketching, and painting, all year for just one day, or as part of a multi-day adventure

- Wildlife
- Outdoor sports action
- Church Steeples
- Covered Bridges
- Harvest/Farms
- Waterfalls
- Quaint Country Towns
- Modern Cultural Scenes
- Historic Buildings
- Fall Foliage
- Winterscapes
- Wildflowers & Plants
- Natural Landscapes: seacoast, lakes, mountains, river valleys, alpine

Team Building, Leadership, and Life Skills



Integrated programs for families and groups for just one day, or as part of a multi-day adventure

These and many other activities we offer help individuals develop life skills (adapted from 4-H)...become creative and productive citizens, develop positive leisure time activities, create a lifelong desire for knowledge, foster positive self esteem, build leadership potential, become involved in communities, explore interests, and try new skills.

- Adventure-Based Games
- Zip Line
- Orienteering
- Indoor Rock Climbing Wall
- Community Projects, such as river cleanup and trail maintenance
- Leadership Topics, such as Communication and Group Dynamics
- Wilderness Trip Planning & Leadership (See topics listed: Recreation Activities-Survival/Backcountry Skills)
- Make & Take Home Workshops:
Survival kit assembly, Fletching arrow pencils, and Sewing (fleece clothes, lightweight emergency shelters)
- Equipment Use, Maintenance, & Repair Clinics: GPS, Bicycle, X-C skis, Canoe, Kayak, Tent, Stove

Prices

Private Wilderness
Tours and Lessons

Note:
If your group has more than 8 participants, or you are an organized group, pricing may be different. You'll complete the same reservation form and we will propose some options with prices. See more information on our Groups page.



Custom ESCAPES Prices

The prices listed below are based on what's included and what's not included, and are subject to change due to any customization of your ESCAPE, which you may request on the reservation form. You may also indicate what you want to call your adventure—an overall theme or goal such as Bird Watching, Wildlife or Moose Tour, Outdoor Photography, Backpacking, Kayak Adventure, Girls Getaway, Family Adventure, etc.

Price Includes:

- Custom location in wild New Hampshire, depending on your interests/abilities
- Pack list and directions to meet your guide
- Outdoor recreation skills instruction
- Nature talks on local wildlife, geology, human history
- North Woods survival tips
- Wildlife viewing and photo opportunities
- Meals on full day and overnight wilderness trips (see listings)
- Camping gear on overnight wilderness trips--tents and cook kit

Not Included:

- Local lodging before and after Wilderness Tour/Lesson (but we can help you find a place)
- Prices listed are for one sport--add \$10 per person for each additional multi-sport
- Any camping and parking fees will be added to the Wilderness Tour/Lesson price (varies depending on location, season, and duration of trip)
- See separate Rental Prices

Private Wilderness Tour/Lesson Fees	Calculate the price for your small group (up to 8 participants--call if larger group). See what is/is not included above.		
Trip Duration	1 st Participant	Additional Participant	Meals Included
1/2 Day (3-4 hours)	\$164	\$18 each	None
1 Full Day (6-8 hours)	\$193	\$23 each	Lunch
2 days / 1 night	\$393	\$63 each	Starts with lunch on Day 1 and ends with lunch on last day.
2 days / 2 nights	\$423	\$83 each	
3 days / 2 nights	\$603	\$98 each	
4 days / 3 nights	\$813	\$133 each	
5 days / 4 nights	\$1023	\$168 each	
6 days / 5 nights	\$1443	\$203 each	
7 days / 6 nights	\$1653	\$238 each	
8 days / 7 nights	\$1863	\$273 each	
9 days / 8 nights	\$2073	\$308 each	
10 days / 9 nights	\$2283	\$343 each	
11 days / 10 nights	\$2493	\$378 each	
12 days / 11 nights	\$2703	\$413 each	

So basically, the more people there are in your private group, the less it costs each person.

SAMPLE ESCAPE: There are 8 people participating on a multi-sport day trip, 6 are renting kayaks and everyone will also be hiking:
8 participants = \$354
+ Rentals 6 X \$25
+ Second sport 8 X \$10
= \$584 total for the whole group.
That's \$54.25 for those not renting kayaks and \$79.25 for those who are renting kayaks.

QUICK CALCULATION

Half Day Tour/Lesson (3-4 hours)

One sport, rentals extra

- 1 participant=\$164
- 2 participants=\$182
- 3 participants=\$200
- 4 participants=\$218
- 5 participants=\$236
- 6 participants=\$254
- 7 participants=\$272
- 8 participants=\$290

QUICK CALCULATION

Full Day Tour/Lesson (6-8 hours)

Lunch & one sport, rentals extra

- 1 participant=\$193
- 2 participants=\$216
- 3 participants=\$239
- 4 participants=\$262
- 5 participants=\$285
- 6 participants=\$308
- 7 participants=\$331
- 8 participants=\$354

QUICK CALCULATION

2-Day/1 Night Tour/Lesson (24-30 hours)

4 meals & one sport, rentals extra

- 1 participant=\$393
- 2 participants=\$456
- 3 participants=\$519
- 4 participants=\$582
- 5 participants=\$645
- 6 participants=\$708
- 7 participants=\$771
- 8 participants=\$834

And...

Sightseeing Tours
All Year (different pricing)



- Great North Woods
- White Mountains
- Dartmouth/Lake Sunapee
- Lakes Region
- Monadnock
- Merrimack Valley
- Seacoast



Private S.U.V. Tours for up to 4 participants...regional day trips are 6-8 hours and include lunch

Come with us for a day or more in our sports utility vehicle (S.U.V.) and we'll share the best of New Hampshire with you. Your discovery tour on scenic byways and country roads is a great way to become acquainted with rural New Hampshire, one region at a time. Stops will be made to experience the best of each *season* throughout the year: Winter Snow, Maple Sugar, Mud and Ice, Spring Showers and Flowers, Summer Heat, Sun, and Rain, Fall Foliage, Harvest and Hunting, and finally the Holidays. So leave the driving behind and have fun exploring local nature, history, culture, sightseeing, and souvenir shopping with

your native guide. Lunch is included. Please check for guide availability and use the Custom ESCAPE Reservation Form. **Prices** are based on the sample descriptions listed on our website and are subject to change due to customization of tours: \$275 for the first participant, and \$25 for each additional participant in your party (max. 4). A horse-drawn sleigh or wagon ride may be added to most tours for an additional fee. We suggest bringing spending money for souvenirs, tax-free shopping, and incidentals. For more info, visit www.OutdoorEscapesNH.com/S.U.V. Tours.htm

Outfitting, Recreation Equipment, and Prices

- Our recreation rental equipment is only available on our tours.
- Camping equipment and food are usually *included* on multi-day wilderness adventures.
- You are responsible for personal gear, such as clothing and footwear. **You will be given a pack list.**

Equipment Rentals Appropriate, safe equipment in good repair is important for you to enjoy your outdoor experience. Outdoor ESCAPES NH will arrange recreation equipment rentals for you on our guided tours and lessons. You are welcome to bring your own, but it will be inspected before use. Please indicate on your reservation form the type and quantity of rentals you'll need. A safety orientation and instruction (as needed) is included. **The rental prices listed below are per day and are subject to change without notice.**

Multi-day Adventures The fact is, the longer the trip, the more you get out of the wilderness experience. If you choose wilderness camping as your overnight choice for custom multi-day ESCAPES, camping equipment will be provided. This includes tents, camp stove, kitchen shelter, and dry storage for paddling. You may opt for another type of lodging, such as a cabin, bed and breakfast, campground, lodge, or country inn. We can help you find local lodging for before, during, and after your adventure.

Food and Water For Custom ESCAPES, your guide may provide food and prepare scrumptious meals if you wish. Any dietary restrictions should be noted on the Medical Form. We do our best to provide you with New Hampshire made snacks and meals. Any water obtained in the wilderness for drinking purposes is treated first to prevent illness. We use low-impact camping practices and take out everything we carry in, to help protect the environment.

YEAR-ROUND		
	Bivy Kit These emergency tools are required on some full day and all multi-day wilderness trips. (Items will be listed on your Pack List.)	\$10 to Rent Bivy Kit \$95 to Buy Bivy Kit
	Small Pack Book bag size, lined with a plastic bag, for kids or bicycle trips	\$5 Small Pack
	Medium Day Pack For day hikes, lined with a plastic bag	\$10 Medium Day Pack
	Large Backpack For multi-day hikes, lined with plastic bags, with room for food, sleeping bag and pad, extra clothing, etc.	\$15 Large Backpack
	Infant Carrier For an adult's front, ages 0-1	\$5 Infant Carrier
	Toddler Carrier For an adult's back, ages 1-3	\$15 Toddler Carrier
WINTER		
	Snowshoes Available when there is enough snow on hiking/walking trails, November through May	\$12 Snowshoes
	Ice grippers of some sort. Used when trails are slippery	Complimentary Ice Grippers, as needed
	X-C Skis, Poles, Boots For groomed or ungroomed trails Pulk A sled to pull gear, instead of wearing a backpack	\$20 X-C Ski Package \$30 Pulk
SPRING – SUMMER – FALL		
	Canoe, PFD, Paddle(s) For day or multi-day trips on lakes, rivers, and tidal water	\$40 Tandem Canoe (20 available) \$30 Solo Canoe (1 available)
	Big Canoe, PFD, Paddles For 4 to 7 participants with guide for day or overnight trips on lakes or calm rivers	\$95 Big / Voyager-style Canoe (2 available)
	Sit-on-Top Kayak, PFD, Paddle(s) These easy kayaks are versatile for all kinds of paddling. Safe and fun for beginners on ponds, lakes, and rapid rivers. The shorter kayaks are fun in whitewater. The longer kayaks are most efficient for long distance trips on lakes and in tidal water at the seacoast, whether for a day or a week. There is also more storage in the hatches. New this year: We now offer private guided kayak fishing tours.	\$35 Solo Multi-Purpose Sit-on-Top Flatwater to Class II Whitewater (7 reg. & 2 lg. available) \$40 Solo + Child Sit-on-Top Flatwater & Quickwater (2 available-1 w/seethru bottom) \$40 Solo for Fishing Sit-on-Top Flatwater to Class I (1 available) \$60 Tandem + Child, or Long Solo, Sit-on-Top Flatwater, Quickwater, and Multi-day Touring (1 avail.) \$60 Long Solo Sit-on-Top Flatwater, Quickwater, and Multi-day Touring (2 avail.)
	Sit-Inside Kayak, PFD, Paddle(s), Spray Skirt(s) Traditional recreational cockpit-type kayaks for day trips on lakes and quickwater rivers	\$30-45 Solo Cockpit Kayak (26 available) \$40-55 Tandem Cockpit Kayak (6 available)
	Sea Kayak, or Lake Touring Kayak, PFD, paddle, spray skirt Efficient long-distance cockpit-type kayaks for day or overnight trips on lakes, seashore, tidal water	\$30-55 Solo Traditional Sea Kayak (4 - 6 available) \$40-65 Tandem Traditional Sea Kayak (2 available)
	Dry Bag with liner To use when paddling ...or line your own packs/duffels lined with large garbage bags	\$5 Small Dry Bag \$10 Medium Dry Bag \$15 Large Dry Bag
	Mountain Bike or Hybrid Bike with Helmet Fat tires & many gears for easy pedaling on paved/gravel country roads or designated paths, gravel logging roads, or single-track trails.	\$25-\$45 Mountain or Hybrid Bike, depending on location
	↑ Orange Vests During hunting season in some wilderness areas, we use hunter orange vests for safety, mainly in October and November.	Complimentary Orange Vest