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FOR IMMEDIATE RELEASE

OUTDOOR ESCAPES NEW HAMPSHIRE CELEBRATES 10 YEARS  
Providing Adventure Guide Services



Participant Samuel Kinkaid rests along the shore of the upper Connecticut River.  
*Photo courtesy Outdoor Escapes New Hampshire.*

Outdoor ESCAPES New Hampshire began operating in 2003, offering statewide guided bicycle tours, hikes, and paddle trips in the warmer months, and snowshoeing and cross country skiing during winter. Founder Lucie (LaPlante) Villeneuve is still the lead wilderness guide, and outdoor educator on a mission to immerse participants in New Hampshire's nature and heritage as they develop memories and life skills. She says, "I started this guide service because my dream is to pass on the tradition of wilderness travel by giving people of all ages the experience, knowledge, and skills to go out and be safe."

Now with a total of four guides from two families who conveniently live centrally in New Hampshire, offerings have expanded with North Woods survival skills clinics, moose tours while paddling and hiking, S.U.V. sightseeing tours, fly fishing, whitewater canoeing and kayaking, sea kayaking, target archery, team building, and mountain biking on country roads, single tracks, and logging roads.

Villeneuve explains, "Our guides share a joy of bringing people to their favorite destinations around New Hampshire while customizing every experience towards participants' interests and abilities. Each guide brings their own leadership flair and enthusiasm for the outdoors, wearing many hats: naturalist, historian, storyteller, athlete, logistics, medic, mechanic, instructor, and chef."

Clients range from international tourists and corporate outings, to local families and youth groups, and they can expect an excellent guided experience because the focus is on safety, fun, and learning. Day trips, as well as multi-day expeditions, basecamp adventures, and inn-to-inn tours are available in wild and scenic New Hampshire during every season.

Recently, Samuel Kinkade of Litchfield, Connecticut joined guide Jeff Barrie on a multi-day remote camping/kayak trip on the upper Connecticut River. In a testimonial he wrote, "I truly enjoyed my experience kayaking on the CT River in New Hampshire/Vermont--got to see five bald eagles. I learned a great deal about survival in the mountains. I will definitely use Outdoor Escapes New Hampshire on another trip. The food was out of this world, better than I ever expected."

For more information about year-round outdoor adventures, lessons, tours, vacation packages, gift certificates, and 10th anniversary deals, visit [www.OutdoorEscapesNewHampshire.com](http://www.OutdoorEscapesNewHampshire.com), or call Lucie Villeneuve at (603) 528-0136.

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If you would like more information on this topic, or to schedule an interview with Lucie Villeneuve, please call her at (603) 528-0136, or e-mail her at [naturenut@outdoorescapesnewhampshire.com](mailto:naturenut@outdoorescapesnewhampshire.com)